

## Getting to the real cost of ADHD in adulthood

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Attention Deficit Hyperactivity Disorder (ADHD) is a lifespan disorder associated with considerable economic cost. While the economic burden of ADHD has been widely estimated, there is considerable variation in reported costs between studies, which typically focus on health outcomes only, lack adequate control and fail to correct for the influence of genetic and shared environmental factors.

The aim of this talk is to explore recent studies that have overcome these limitations to reach a fuller understanding of the economic burden of ADHD. Results from recent cohort studies conducted in Denmark and Sweden will be used to unpick and isolate the unique costs of ADHD in adulthood and explore the role of persistence and remittance of ADHD on economic cost.

The talk will conclude with i) a discussion about the unique costs associated with ADHD and which cost categories (health, social care, employment, crime etc) drive cost differences between individuals with and without ADHD. ii) how remittance may reduce future cost. iii) A discussion about the psychological implications of the high-cost burden associated with ADHD, what else could be done to reduce the future cost burden associated with ADHD?

Lively audience participation is not only encouraged but expected!